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Educational Feature – 23rd August, 2019

HONESTY RESPONSIBILITY CARE RESPECT EXCELLENCE

WELLBEING AT OPS

At Oxley Primary School we care deeply about our students, families and staff. We have implemented a wellbeing team this year and have been lucky enough to receive a grant to help support the teaching of this area.

This year the Wellbeing Team has organised the following to support our student's Wellbeing:

- Developed the Green Zone after consulting with students, staff and parents/guardians;
- Developed the 'Behaviour/Consequence Diamond' to visually show students where the 'Green', 'Yellow', 'Orange', 'Red' zones are;
- Developed 'think/reflection sheets' after consulting with staff and parents/guardians;
- Created Wellbeing planners for Oxley staff that align with the Respectful Relationship resources;
- Modelled Respectful relationship lessons for staff in staff meetings;
- Wellbeing staff members supporting staff during circle time when issues arise in their classroom;
- Developing a 'Raffle Ticket System' in Term 3 where students are given raffle tickets when they show our school values. Every fortnight we pull out a student's name and they can choose from a list of rewards. In the last week of Term 3, the students who have received the most raffle tickets in their classroom will receive a special lunch!
- We have increased our Wellbeing budget this year and we have spent money on the following resources:
 - Picture story books that can be used as a resource in Wellbeing lessons;
 - Board games/puzzles/toys to engage students who would prefer to participate in calming activities;
 - Worry Woo Puppets/books. Each puppet/book focuses on a different emotion;
 - A Yoga incursion for mindfulness in Term 4 run by our own Julie Connolly;
 - A Bully Zero incursion for Term 4 that focuses on awareness of bullying and cyber bullying;
 - Providing 1:1 support for students who require additional support remaining in the 'Green Zone';
 - Following our school policies and seeking further advice from Student Support Services if needed.

Karli Hayes and Nadia Aumann
(Wellbeing Leader) (Acting Principal)